New approach to trophic state assessment of running waters in Poland

Elena Neverova-Dziopak

Zbigniew Kowalewski

AGH University of Science and Technology, Aleja Mickiewicza 30 (C-4), 30-059 Kraków, e-mail: elenad@agh.edu.pl

Abstract. The problem of eutrophication has, since the 1970s, reached a global scale and become a problem of principal importance due to its negative consequences, which could result in the total loss of biospheric functions of aquatic ecosystems, and also their economic role. The increasing intensity of eutrophication processes and their specificity in various types of waters requires the development of special methods of control and protection of aquatic ecosystems. As a result of the high dynamism of eutrophication and its dependence on different factors (hydrological, hydrodynamic, hydrobiological, morphological, edaphic and climatic conditions), the assessment of trophic status in order to control and manage this process is very complicated. The evaluation of the consequences of anthropogenic eutrophication and the scale of its development can be provided only on the basis of systematic observation during a multi-annual period.

Careful analysis of the state of knowledge on the issues related to eutrophication, especially the methods of trophic status assessment, have allowed us to conclude that at present there is no universal methodology for the assessment of the surface water trophic level, while the existing methods have various shortcomings, which reduce the reliability of the results and complicate the development of appropriate technical, organizational and legal protection measures. A critical analysis of trophic status assessment approaches for different categories of waters has also allowed us to state that there is no an appropriate method for the assessment of the trophic status of running waters, since almost all existing assessment methods are developed for lakes and coastal areas.

This paper presents an original approach elaborated for the assessment of the trophic state of running waters based on the statistical analysis of long-term monitoring data and numerical criterion *ITS*, which allows for a simple and low-cost monitoring of eutrophication suitable for the solving of different application tasks in the field of surface water protection.

Keywords: eutrophication, biotic balance, trophic state assessment, integral criterion.

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1. Introduction

Currently, the processes of the development and transformation of aquatic ecosystems run much faster than before because they are conditioned not only by natural factors acting at the scale of geological processes but also by anthropogenic factors. The global processes, whose rates have increased significantly in recent decades, also include the process of anthropogenic eutrophication, which has spread in many bodies of water and has led to the deterioration of surface water quality throughout the world.

Since the 1970s, anthropogenic eutrophication has been treated as a priority issue because of its negative consequences, which can result in the total violation of biospheric functions of aquatic ecosystems and the loss of their economic value.

It is worth noting that "water blooms", which are the most spectacular symptom of eutrophication, arise as a result of anthropogenic impact and can be regarded as a response of the ecosystem and its adaptation to changing environmental conditions – in other words – a new stage of its existence.

"Blooms" are, on the one hand, an indicator of the deterioration of the sanitary-hygienic characteristic of water, and, on the other hand, are the source of secondary pollution that results in negative health, environmental and economic consequences.

The increasing intensity of eutrophication processes and their specificity in various types of waters requires the elaboration of special methods of monitoring, control and protection of aquatic ecosystems.

As a result the high dynamism of eutrophication and its dependence on different factors (hydrological, hydrodynamic, hydrobiological, morphological, edaphic and climatic conditions) the evaluation of water trophic status, required for the purposes of eutrophication control and management, is a very complicated task.

The analysis of the state of knowledge of the examined issues shows that the appropriate assessment of water trophic status, the scale of aquatic ecosystems changes, and of water quality is very difficult due to the lack of long-term observation of a number of synchronically measured hydrobiological parameters. In addition, the organization of the system of monitoring the eutrophication process is unsatisfactory. Moreover, there is no uniform methodology for the assessment of the water trophic level, as well as no universal low-cost indicators of eutrophication.

2. Eutrophication in rivers

Freshwater lakes and reservoirs are most sensitive to the adverse consequences of eutrophication, but in recent decades, due to intensive anthropogenic activity, this process has occurred more and more often in marine ecosystems and running waters.

The length of the river network in Poland is quite substantial - 74714 km, 52% of which is artificially regulated. On the one hand, this is one of the elements of the flood control system and meets economic needs. But such a drastic intervention in the environment leads to the loss of a river's natural values, changes a river's biota structure and consequently reduces its ability to self-clean - this, at least, leads to the intensification of eutrophication processes. Any hydrographic network basin is dominated by medium-sized and small rivers - these are heavily dependent on the characteristic and anthropogenic activities in the catchment area that greatly affect the state of river ecosystems (GIOS 2010). Not so long ago the main sources of river pollution were municipal and industrial wastewaters. In recent years, the pollution load discharged to the rivers from point sources has decreased as a result of the construction of a number of new wastewater treatment plants. But at the same time the amount of surface run-off from agricultural areas and the negative impact of river navigation and hydropower has increased.

The assessment of the trophic status of rivers is much more complicated than that of lakes and reservoirs because the symptoms of this process and its course vary according to the type of river (Dodds et al. 1998). Traditionally, eutrophication level is assessed on the basis of numerical values of indicators, developed by different authors, which are elaborated mainly for lakes or estuaries with consideration of local geographical conditions. However, as practice shows, due to the large number of factors that determine the development of eutrophication processes, the traditional approach to assessing the trophic state of rivers very often gives unreliable or contradictory results and makes it difficult to assess the real situation. The prevention of the intensification of the eutrophication process and protection against its negative consequences requires the development of a specific monitoring system, and also the elaboration of indicators and assessment methods of water trophic status in accordance with modern requirements.

Currently there is no universal methodology for assessing the level of eutrophication. What is more, various EU directives and documents do not specify the procedures for trophic status assessment of surface waters. For the purposes of the evaluation of the development of the eutrophication process, different countries use different sets of indicators and numerical values .

The great importance of natural features of rivers and their role in the national economy makes it necessary to search for effective ways of protecting against eutrophication and its negative consequences. The protective measures, in turn, should be based on reliable information on the current state of water, obtained on the basis of simple, low-cost indicators of eutrophication, which are easy to use and interpret and which are also suitable for application purposes. These indicators form the basis for the formulation of mathematical models, forecasting, the evaluation of the protection the effectiveness of investments, the estimation of the impact of wastewater on the water quality of a receiver, as well as for the establishment of permissible pollution loads and the optimal degree of wastewater treatment, especially for the removal of nutrients.

3. Assessment of trophic state of rivers

Presently there is no single opinion on the choice of the parameters used to determine the trophic status, and also no universal classification of trophic water status (Lopez-Bernal 2003).

In practice the most widely-used application found the following indicators of eutrophication: Secchi disk transparency; concentrations of phosphorus, nitrogen, oxygen and chlorophyll; level of primary production; algae biomass, zoobenthos, etc. Numerical values of the indicators for different trophic levels have been developed by different authors in numerous publications (Bogestrand 2004, Cierniawska-Kusza 2003, Ferreira et al. 2011, Karydis 2009, Kristensen et al. 1996, Smith 2007).

An alternative to the traditionally used indicators of eutrophication are so-called aggregated indicators – the indexes of trophic state. They are based on the calculation of the numerical value of the index on the basis of the correlation between the main factors of eutrophication (mainly chlorophyll-a and different forms of nitrogen and phosphorus) established by different authors together with their boundary values for each trophic level. The aim of the method based on these indexes is to provide a more reliable assessment of trophic state and the possibility of quick and easy monitoring of water (which in the case of the use of the set of separate indicators is not always possible). Such indexes were elaborated and developed by Vollenweider, Carlson, Burns, by HELCOM, NEEA (National Estuarine Eutrophication Assessment) and OECD (Organisation for Economic Co-operation and Development) (Carlson 1975, Giovanardi et al. 2004, BPRC, Bricker et al. 2003, HC 2007, Soszka 2009).

In this paper the authors present an essentially new approach to the assessment of the trophic status of running waters, which assumes the use of the integral criterion of trophic state *ITS* (Neverova-Dziopak 2010). The theoretical foundation of the *ITS* index (Index of Trophical State) is the state of the balance of production and destruction of organic matter produced by algae, which is known as biotic balance. Changes in the biotic balance lead to changes in the gas balance of water, and, thus, the concentrations and ratios of oxygen and carbon dioxide (Dojlido 1995, Neverova-Dziopak 2010). In an aquatic environment the content of oxygen can be expressed by the saturation of water with oxygen, and the CO_2 content can be expressed by pH value. Changes in CO_2 concentration lead to changes in pH value, which results from the carbonate balance, i.e. the state of a certain proportion between bicarbonate and carbonate ions according to the following equation:

$$\operatorname{CO}_2 + \operatorname{H}_2\operatorname{O} \leftrightarrow \operatorname{H}_2\operatorname{CO}_3 \leftrightarrow \operatorname{H}^+ + \operatorname{HCO}_3^{-} \leftrightarrow \operatorname{H}^+ + \operatorname{CO}_3^{-2-}$$
 (1)

It follows that the trophic state can be described by the balance of CO_2 and O_2 concentrations, while these concentrations can be described by pH value and the degree of saturation of water with oxygen. The ratio of pH value and oxygen saturation of water is therefore a function of the biotic balance. At the same level of oxygen saturation, the higher the pH value of water is, the higher the trophic state is. The pH value at normal oxygen saturation was proposed as the integral index of trophic state *ITS*, which can be calculated according to the equation (2):

$$ITS = \Sigma pH_{1} / n + a(100 - \Sigma [O_{2}\%]/n)$$
(2)

where:

pH_i - the value of pH

 $[{\rm O_2}^{9}\!\!\%]$ – the value of oxygen saturation measured synchronically with pH

a - empirical coefficient

n - measurements number

ITS index values in waters of different trophic levels are shown on Fig. 1.



Figure 1. ITS index values (Neverova-Dziopak 2010)

The aim of this study was to show the possibility of the application of the integral criterion *ITS* for trophic status assessment of different types of running waters.

4. Methodology of research

Aquatic ecosystems, like all other ecosystems, are characterized by extremely complicated organization. A huge variety of constantly changing relationships between numerous different factors is the characteristic feature of such ecosystems. Proper evaluation of the nature of these relationships and of ecosystem reaction to the impact of various factors can be based only on a complex analysis of numerous data obtained through monitoring. The most appropriate approach for such analysis is the application of the methods of mathematical statistics – this method allows one to obtain reliable and objective results. Therefore, the methodology of the research was based on the methods of correlation and regression analysis of data obtained through long-term monitoring of running waters in order to determine the character of the relationship between the selected parameters.

5. Results of statistical analysis

The basis for ITS application as a trophic state index is the existence of a linear correlation between pH and oxygen saturation of water. The studies were carried out for the assessment of the trophic level of the rivers within the Małopolskie Voivodship area. According to the typology of rivers developed in 2004 by the Institute of Meteorology and Water Management (IMGiW), the Institute of Environmental Protection (IOS), the Polish Geological Institute (PIG) and the Maritime Institute (IM), 15 types of the rivers were identified (WIOŚ Kraków 2011). The correlation-regression analysis of the ten-year monitoring database of different types of rivers has confirmed the existence of a close relationship between pH value and oxygen saturation of water in rivers undergoing the process of eutrophication. The Pearson correlation coefficient (r) for studied rivers varies between the limits of 0,60-0,97. Table 1 presents the results of statistical analysis for chosen measurement points within the Małopolskie Voivodship area (Kowalewski 2012).

6. Verification of *ITS* criterion applicability

In order to confirm the validity of the proposed method for trophic state assessment of running water, it was necessary to conduct a verification (Fig. 2-4). Since the most common traditional indicators of eutrophication are nitrogen, phosphorus and chlorophyll, the verification was based on a comparison of the result of trophic state assessment conducted using the *ITS* criterion, and the numerical values of the above-mentioned traditional indicators developed by various authors. The database was compiled from the results of monitoring performed by Voivodship Inspectorates for Environmental Protection (WIOŚ) and covering 264 measurement points (Kowalewski 2012).

Verification of the applicability of the *ITS* index for trophic state assessment of running waters, carried out by



Figure 2. Percentage of compatibility of assessments carried out on the basis of total nitrogen content and *ITS* value

Table 1. The results of statistical analysis of monitoring data

Type of river and measurement point	Period of monitoring	Number of measurements	r	ITS	The result of assessment
7 Sanka Liszki 3.3 km	2001-2010	114	0.65	8.0	eutrophic
8 Biała Przemsza poniżej Kluczy 35 km	2008-2010	30	0.97	8.0	eutrophic
9 Dłubnia Kończyce 10.4 km	2001-2007	80	0.77	8.1	eutrophic
9 Dłubnia Nowa Huta 0.7 km	2001-2007	62	0.95	8.1	eutrophic
9 Prądnik Białucha Ujście 0.5 km	2001-2009	78	0.91	8.1	eutrophic
9 Rudawa Kraków 0.1 km	2000-2011	97	0.90	8.1	eutrophic
9 Rudawa Podkamycze 9.3 km	2000-2009	102	0.82	7.9	mesotrophic
12 Biały Dunajec Poronin 17.7 km	2001-2009	65	0.83	8.4	eutrophic
12 Lipnica ujście do zb. Orawskiego 0.2 km	2004-2009	68	0.66	8.0	eutrophic
12 Zubrzyca do Czarnej Orawy 0.2 km	2004-2007	20	0.71	8.0	eutrophic
14 Biała Tarnów 0.4 km	2001-2007	82	0.63	8.1	eutrophic
14 Czarna Orawa Jabłonka 25 km	2000-2011	166	0.88	8.1	eutrophic
14 Raba poniżej oczyszczalni Myślenice 69 km	2001-2007	71	0.97	8.0	eutrophic
14 Raba powyżej Stróży 80.6 km	2001-2007	73	0.88	8.1	eutrophic
14 Skawa powyżej Suchej Beskidzkiej 45.7 km	2001-2006	50	0.76	8.0	eutrophic
14 Skawa Wadowice 21.2 km	2001-2006	56	0.94	8.0	eutrophic
15 Dunajec Czerwony Klasztor 168.3 km	2002-2007	72	0.60	7.7	mesotrophic
15 Dunajec powyżej ujścia Popradu 119 km	2001-2006	70	0.93	8.4	eutrophic
15 Dunajec Świniarsko 110.8 km	2001-2007	64	0.88	8.4	eutrophic
15 Skawa Zator 4.2 km	2001-2007	76	0.90	7.9	mesotrophic
15 Soła Kęty 16.8 km	2004-2007	25	0.97	7.7	mesotrophic
19 Dunajec Biskupice Radłowskie 19.6 km	2001-2007	82	0.67	8.2	eutrophic
19 Raba Gdów 50.2 km	2001-2006	54	0.91	8.1	eutrophic
19 Raba Kłaj 31.2 km	2001-2006	69	0.85	8.1	eutrophic
19 Wisła Niepołomice 102 km	2001-2006	52	0.80	7.8	mesotrophic
19 Wisła powyżej Krakowa 66.4 km	2001-2006	70	0.82	7.8	mesotrophic
19 Wisła powyżej ujęcia Szreniawy 145.3 km	2004-2007	92	0.94	7.8	mesotrophic
19 Wisła Słupiec 209.3 km	2001-2006	52	0.94	8.1	eutrophic
21 Skawa Jordanów 71.1 km	2001-2006	52	0.94	8.1	eutrophic
21 Wisła Łączany 38 km	2001-2006	68	0.78	7.7	mesotrophic
26 Drwinka Świniary 2 km	2001-2009	50	0.68	7.6	mesotrophic



Figure 3. Percentage of compatibility of assessments carried out on the basis of total phosphorus content and *ITS* value

comparing the evaluation results obtained by the two described methods, allowed the authors to conclude, that the highest compatibility of the assessments was obtained with regard to *ITS* and nutrient content – on average it amounted to 90%. While in the case of the comparison of



Figure 4. Percentage of compatibility of assessments carried out on the basis of chlorophyll-a content and *ITS* value

assessment results obtained on the basis of chlorophyll content, the compatibility was on average 47%, which confirmed the low suitability of chlorophyll content for trophic state assessment of rivers. The high reliability of the results of verification, confirming the applicability of

the *ITS* index for the assessment of the trophic state of running waters, was proven by statistical analysis of the comprehensive ten-year monitoring data bank. cess over a long-term period. The changes of trophic level estimated on the basis of the *ITS* index in different types of rivers in Małopolska during the last decade are shown on Fig. 5-12.

The application of the proposed method of assessment based on the usage of the *ITS* criterion allows us to follow in a simple way the dynamics of the eutrophication pro-







Figure 6. Long-term trophic level changes in the Wisła river (type 21)



Figure 7. Long-term trophic level changes in the Dunajec river (type 19)



Figure 8. Long-term trophic level changes in the Skawa river (type 15)



Figure 9. Long-term trophic level changes in the Czarna Orawa river (type 14)



Figure 12. Long-term trophic level changes in the Sanka river (type 7)

7. Conclusions

- 1. The *ITS* index most accurately describes the state of the trophic state of surface water because it is based on the universal characteristic of water ecosystems the state of biotic balance. It reflects the integral ecosystem response to the increase of nutrient content in water with consideration of its individual characteristics and properties.
- 2. *ITS* is based on limited data necessary for trophic state assessment and can be calculated on the basis of only two hydro-chemical characteristics: pH value and water saturation with oxygen.
- *3. ITS* integrates information across time and space and is theoretically and technically reasonable.
- ITS is suitable for the purpose of the formulation of forecasting mathematical models, the evaluation of the effectiveness of protective and remedial measures, and also for solving other application tasks.
- 5. In conclusion, it should be noted that the advantages of the *ITS* index in comparison with other methods of assessing the trophic status of water are the following:
 - high reliability and accuracy of assessment based on the *ITS* index,
 - universal character of the *ITS* index is suitable for any type of running waters,

• considerable simplification of the monitoring of the eutrophication process and significant reduction of its costs.

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